

**Collaborating with Strangers Workshop for Sex and Gender Differences in Health
September 10, 2013**

A CoLAB was conducted on Sex and Gender Differences in Health. The CoLAB included presentations on collaboration, followed by one-on-one 3-minute speed-meetings before posting ideas and thoughts. Below is the evaluation of the September 10 CoLAB.

The participants in the CoLAB included 8 faculty members, 1 post-doc, 8 graduate students, 3 undergraduate students, and 2 “others”. Of the 22 total participants, 5 were international participants.

Survey Questions (Q1-Q7)

(Question 1) Length of Collaborating with Strangers Workshop

When participants were asked to assess the length of the workshop, 81.82 percent of participants indicated that the length of the workshop was “Adequate”. 4.55 percent of participants indicated that the workshop was “Too Short”, none of participants indicated that the workshop was “Too Long”, and 13.63 percent of participants did not respond to the question. The results are shown in Table 1.

TABLE 1

Too Long	Adequate	Too Short	No Response
0 (0.00%)	18 (81.82%)	1 (4.55%)	3 (13.63%)

(Question 2) Overall Evaluation of Workshop

When participants were asked to provide an overall evaluation of the workshop, 36.36 percent of participants gave the workshop an “Excellent” evaluation, 63.64 percent of participants gave the workshop a “Good” evaluation, and no participant gave the workshop a “Fair” evaluation. No participants gave the workshop a “Poor” evaluation, and there was no missing response to the question. The results are shown in Table 2.

TABLE 2

Excellent	Good	Fair	Poor	No Response
8 (36.36%)	14 (63.64%)	0 (0.00%)	0 (0.00%)	(0.00%)

(Question 3) Would you attend a workshop like this again?

When participants were asked whether they would attend a workshop like this again, 72.72 percent of participants said “Yes”, 13.64 percent of participants said “No”, 4.55 percent of

the participants said maybe and 9.09 percent of participants did not respond to the question. The results are shown in Table 3.

TABLE 3

Yes	No	Maybe	No Response
16 (72.72%)	3 (13.64%)	1 (4.55%)	2 (9.09%)

(Question 4) Would you recommend this collaboration process to other students/faculty?

When participants were asked whether they would recommend the CoLAB process to other students and faculty, 90.91 percent of participants said “Yes”, 9.09 percent of participants said “No”, and 0.00% percent of participants did not respond to the question. The results are shown in Table 4.

TABLE 4

Yes	No	No Response
20 (90.91%)	2 (9.09%)	0 (0.00%)

(Question 5) CoLAB Workshop Results

Questions 5.1-5.2 are 5-point Likert scale questions in which participants are asked to evaluate personal outcomes related to the workshop. Options range from “Strongly Agree” to “Strongly Disagree”. The results of these questions are described below.

(Question 5.1) I feel more confident in my ability to approach people I don’t know.

When participants were given this statement, 36.37 percent of participants marked “Strongly Agree”, 45.45 percent of participants marked “Agree”, and 18.18 percent of participants marked “Neutral”. No participant marked “Disagree”, no participant marked “Strongly Disagree”, and there was no blank response to the question. The results are shown in Table 5.1.

TABLE 5.1

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No Response
8 (36.37%)	10 (45.45%)	4 (18.18%)	0 (0.00%)	0 (0.00%)	0 (0.00%)

Question 5.2) I am more comfortable with people in other disciplines.

When participants were given this statement, 40.91 percent of participants marked “Strongly Agree”, 45.45 percent of participants marked “Agree”, and 13.64 percent of

participants marked “Neutral”. No participant marked “Disagree” nor “Strongly Disagree” and there was no blank response. The results are shown in Table 5.2.

TABLE 5.2

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No Response
9 (40.91%)	10 (45.45%)	3 (13.64%)	0 (0.00%)	0 (0.00%)	0 (0.00%)

(Question 6) Did the CoLAB facilitation process help you access new resources, knowledge, and/or grantseeking information? If so, describe.

This question required participants to formulate an open-ended response. The complete list of specific responses is included in the Appendix. 59.09 percent of participants gave a positive response, 18.18 percent of participants gave a mixed response, 9.09 percent of participants gave a negative response, and 13.64 percent of participants did not answer the question. The results are shown in Table 6.

TABLE 6

Positive	Mixed	Negative	No Response
13 (59.09%)	4 (18.18%)	2 (9.09%)	3 (13.64%)

(Question 7) What was the most useful part of the workshop and why?

This question required participants to formulate an open-ended response. The complete list of specific responses is included in the Appendix. 59.09 percent of participants said that interacting with others was the most useful part of the workshop, 31.82 percent of participants offered a different response, and 9.09 percent of participants did not respond to the question. The results are shown in Table 7.

TABLE 7

Interaction	Other	No Response
13 (59.09%)	7 (31.82%)	2 (9.09%)

Appendix

(Question 6) Did the CoLAB facilitation process help you access new resources, knowledge, and/or grantseeking information? If so, describe.

Positive Responses

- Yes, I met people dealing with homeless people and animals. I've learned a lot from them. I like this.
- Yes, interesting how I could find a common point of interest with everybody I talked to.
- W/o a doubt. I am interested in helping make the library system one of the best!
- Yes, learned about other disciplines and other people's perspectives on my skills.
- Yes, I am more familiar with other literature databases now.
- Yes, potential cross-discipline research.
- Found some potential new resource.
- The ideas from the non-related disciplines were very helpful. It was like 'out of box' thinking.
- I'm a student, so it was a good exercise.
- Yes, it helped me meet many people I would have never met and talk to people doing research pertaining to gender and sex.
- Yes, was able to share resources I have/ know about.
- New info about what kind of research is going on on campus.
- Yes

Mixed/Negative Responses

- No.
- Not specific.
- New knowledge and insights from many different fields of study; resources in other areas of Florida and globally that may be useful for more information support.
- No.
- I am a student, so knowledge: yes but at this point not so much beyond that.
- No.

Question 7) What was the most useful part of the workshop and why?

Interaction

- 3-minute talking to strangers. It helps to open up my mind to talk to new people and learn new things.
- It would be helpful to have a organic speed dating environment. Save time 'looking' for unknown/ unmet people. Perhaps ½ sit down ½ 'rotate'? Thanks for the opportunity.
- Talking with others/ collaborating.
- Getting comfortable discussing my research with other people who are not familiar with my field.
- 3 min meetings with...

- I met some people who gave me great ideas regarding how they approach problems.
- Probably learning to convey my research and interests to others quickly, effectively.
- Talking w/ strangers!
- Helping me approach people better b/c it's something I need to work on...
- My goal was to learn about gender/sex differences for my gender and sexuality class, so it was most useful to meet people in the health field doing research on gender/ sex
- Wish times to talk with others was longer.
- Speed meeting- met neat people.
- Getting to talk to people of different backgrounds.

Other Responses

- Reading everyone's sign- good starting point.
- Continual exposure to new backgrounds enhance listening skills.
- Expanding on current projects with new angles. Great venue.
- Practice explaining my research. Finding common ground with other disciplines.
- None.
- Seeing people's passions.
- Connecting with libraries.